

## ACTIVATE THE BRAIN TO ENHANCE A CHILD'S CAPACITY TO LEARN

The *Australian Centre for Autism and Neurodevelopment* (AusCan) provides a pathway for parents and caregivers looking to maximise their child's capacity to learn – and potentially thrive – following an autism or neurodevelopment diagnosis.

Our combined approach of bringing neurodevelopment and behavioural therapies together is an Australian first and enables families to isolate and target areas of concern from a multi-disciplinary capacity.

AusCan is led by qualified and reputed professionals and backed by a belief that diagnosis holds no boundaries; our client outcomes are testament to this.

AusCan represents a positive and optimistic environment that understands, inspires and supports families through these critical yet enlightening early years.

## JOIN OUR COMMUNITY

AusCan regularly hosts scheduled information events, many available as webinars for a national and international audience.

Australian Centre for  
**Autism**  
and Neurodevelopment

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**Autism**  
and Neurodevelopment



## PSYCHOLOGY AND COUNSELLING SERVICES

Supporting the whole family

Part of the Australian Centre for Autism and Neurodevelopment (AusCan) services suite

 [www.australianautismcentre.com.au](http://www.australianautismcentre.com.au)

## WHY MY FAMILY NEEDS SUPPORT?

An autism and neurodevelopmental diagnosis not only affects the individual, it can have a profound impact on parents, carers and siblings.

Rarely does the outside world really understand the stress, the trauma, and the beauty of raising a child with difficulties.

It is not unusual for parents to struggle with balancing the demands of a diagnosis with maintaining strong and healthy relationships with their spouse. Siblings may also experience the sense of "taking the backseat" or feelings of resentment towards their brother or sister while their parents focus is (understandably) on finding the best available treatment for the child with difficulties.

Some family members experience increased responsibilities and independence.

Counselling around these changes can help to ensure the best outcomes is achieved for everyone.

## HOW WE CAN HELP

AusCan offers a range of personalised psychological and counselling service services to support children or adults and their families through this often-challenging transition.

Our programs are personalised to the individual and address each situation in context of the family circumstance and experience.

We work closely with each person to take steps towards the best possible resolve - building resilience, appreciation and understanding to assist each step of the journey.

Led by qualified and reputed professionals, AusCan is a positive and optimistic environment that understands, inspires and supports families through these critical, challenging yet enlightening years.

Our services can address:

- Individual counselling
- Child therapy
- Play therapy
- Couples counselling
- Family counselling

